

## BIOTE® MEDICAL NUTRACEUTICALS

BioTE's nutraceutical product line has been carefully created to support bioidentical hormone replacement therapy (BHRT). Featuring ingredients that help promote better health, these clinical-grade nutraceuticals are essential to ensure a complete and personalized approach to healthier aging.

## OMEGA 3+COQ10

OMEGA 3+COQ10 combines EPA and DHA from fish oil with COQ10 to support heart, blood vessel, brain, bone, and muscle health, as well as promote energy production.\* Research has established the critical role of omega-3 fatty acids DHA and EPA in supporting cardiovascular health and blood vessel elasticity.<sup>[1]</sup>

The compound Coenzyme Q10 (CoQ10) is an intracellular (meaning present in your cells) antioxidant that's essential for the health of tissues and organs.<sup>[2]</sup> It particularly benefits those cells that are most metabolically active, such as those in the heart muscle.

When taken daily, BioTE OMEGA 3+COQ10 promotes normal heart function, blood vessel function, and brain health.\* Our DHA and EPA are extracted from the purest fish oil sources available through molecular distillation to ensure the removal of cholesterol and contaminants, including PCBs and heavy metals.

CoQ10 is stored in the mitochondria—your cell's power source—where one of its primary functions is to generate energy for the cells. Because your body's natural production of CoQ10 tends to decrease as you age, combining CoQ10 with pure fish oil helps your body absorb and use CoQ10 better.

- 1. Yashodhara, B M, et al. "Omega-3 Fatty Acids: a Comprehensive Review of Their Role in Health and Disease." Postgraduate Medical Journal, U.S. National Library of Medicine, Feb. 2009, www.ncbi.nlm. nih.gov/pubmed/19329703/.
- 2. Saini, Rajiv. "Coenzyme Q10: The Essential Nutrient." Journal of Pharmacy and Bioallied Sciences, vol. 3, no. 3, 2011, p. 466., doi:10.4103/0975-7406.84471.



Soy Free



/U Diary Fra



Gluten Free



<sup>&</sup>lt;sup>‡</sup> These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.