

BIOTE® MEDICAL NUTRACEUTICALS

BioTE's nutraceutical product line has been carefully created to support bioidentical hormone replacement therapy (BHRT). Featuring ingredients that help promote better health, these clinical-grade nutraceuticals are essential to ensure a complete and personalized approach to healthier aging.

IODINE+

IODINE+ provides imperative minerals that support energy levels, metabolism, and natural hormone production.* The thyroid gland takes the iodine you ingest and converts it into two hormones—thyroxine (T4) and triiodothyronine (T3). T4 and T3 regulate our body's metabolism of proteins, fats, and carbohydrates. Every cell in the body depends on T3 and T4, so if it doesn't have enough, it isn't functioning well. BioTE IODINE+ also contains two other essential ingredients selenium and zinc. Selenium and zinc are also needed to help with the formation of active thyroid hormone T3.*

When taken daily, BioTE IODINE+ provides the body with a substantial amount of iodine to promote healthy hormone production.* Moreover, iodine supports healthy breast tissue by up-regulating proteins involved in estrogen metabolism.*

Even healthy eaters may be at risk. Some foods can cause a relative iodine deficiency by binding to iodine, which can make the bound iodine inaccessible for thyroid hormone production. These foods include broccoli, cauliflower, cabbage, Brussels sprouts, kale, soy, peanuts, pine nuts, turnips, and rutabaga, although cooking these foods tends to make them less apt to do this.









 $^{^{\}ddagger}$ These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.