



BIOTE[®] MEDICAL NUTRACEUTICALS

BioTE's nutraceutical product line has been carefully created to support bioidentical hormone replacement therapy (BHRT). Featuring ingredients that help promote better health, these clinical-grade nutraceuticals are essential to ensure a complete and personalized approach to healthier aging.

ADK 5 & 10

ADK is a combination of three essential vitamins that supports normal bone health in men and women.* Osteocalcin is a protein that assists with remodeling our bones by both reabsorbing older bone and laying down new healthy bone. Vitamin D₃, the “sunshine vitamin,” is vital in producing osteocalcin.* However, D₃ needs help from vitamin K₂, a cofactor that is essential to the bone-strengthening process.^[1] Vitamin A supports these two vitamins, as well as the immune system and a healthy heart.^[2]

When taken daily, BioTE ADK 5 and 10 promotes the positive effects of bioidentical hormone replacement therapy and may help maintain normal bone strength.* Depending on the severity of a patient's vitamin D deficiency, you may choose from BioTE ADK 5 or 10, which includes a higher dose of D₃.

This combination includes vitamin A as retinyl palmitate, vitamin D₃ as cholecalciferol, and vitamin K₂ as menaquinone-7. BioTE ADK 5 contains 5,000 IU of vitamin D₃ per capsule, and BioTE ADK 10 contains 10,000 IU of vitamin D₃ per capsule.

1. Zhang Yu, Fang Fang, Tang Jingjing, Jia Lu, Feng Yuning, Xu Ping et al. Association between vitamin D supplementation and mortality: systematic review and meta-analysis BMJ 2019; 366 :l4673.

2. Bolland Mark J, Grey Andrew, Avenell Alison, Gamble Greg D, Reid Ian R. Calcium supplements with or without vitamin D and risk of cardiovascular events: reanalysis of the Women's Health Initiative limited access dataset and meta-analysis BMJ 2011; 342 :d2040.



Soy Free



Dairy Free



Gluten Free



‡ These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.